**Study Guide Test #1**

**Psychology: Core Concepts**

**Chapter One – Introduction**

The history of Psychology

The Scientific Method

**Types of Research Methods:**

Naturalistic Observation

Laboratory Observation  
 Case Studies

Surveys

Correlational Research

**Elements of an Experiment:**

Independent Variable

Dependent Variable

Bias in experiments

The Placebo Effect

Single blind/double blind studies

**Chapter Three – Sensation and Perception**

**Sensation:**

Just noticeable difference (JND)

Absolute Threshold

Subliminal perception

Sensory adaptation

Light/Dark adaptation

**Perception:**

Size/shape/brightness constancy

Gestalt Principles

Proximity

Similarity

Closure

Continuity

Depth Perception

Monocular Cues

Linear perspective

Texture gradient

Motion parallax

Binocular Cues

Convergence

Binocular disparity

**Chapter 4 – States of Consciousness**

Circadian Rhythm

Consciousness

Sleep Deprivation

Sleep Apnea

Insomnia

REM Paralysis

REM Rebound

Restorative Theory of Sleep

Adaptive Theory of Sleep

Sleep Stages

Altered States of Consciousness:

Hypnosis

Dreams

Freud – Latent Content

Manifest Content

Drugs

Physical Dependency

Psychological Dependency

Hallucinogens

Depressants

Narcotics

Stimulants